

Fun With Farm Fresh Foods



How does one get the freshest farm produce? From the farm, of course!

But ensconced in our concrete lives, how many of us actually have access to luscious tomatoes, fresh off the vine; strawberries just plucked from the shrub; or white butter made from the freshest milk? Not too many.

To bridge this gap between our desire for the best foods and the availability, *Good Housekeeping* columnist and renowned food professional, Karen Anand has created *The Farmer's Market by Karen Anand*. Conceptualised along the lines of farmer's markets abroad, where shopping is as much about the produce as it is about the experience, Karen brings together the best natural and organic products ranging from fruits and vegetables to cheeses, cold meats, groceries, baked goodies, gourmet foods, wine, beer, flowers, plants and even natural beauty products.

If you want to enjoy this fun-filled shopping experience, all you have to do is head towards The Westin, Gurgaon, on December 8, 2013. On offer will be dairy-free icecreams from WhiteCub; organic products from Ahana Organic, The Altitude Store, Nirvaaha, Dancing Bees, Swadeshi Organics, eSvasa; gift baskets from Godrej Nature's Basket, chocolates and cakes by Soul Chocolates, Seema's Cake Couture, Bakeroma, Hungerstruck, ChocTales, The Home Bake Store, Bedazzled, natural products from Mississippi, Banyan Body Care, Earth Friends and Daily Dump, fresh flowers from Dyvia's Flowers.

And when you get tired from browsing the stalls, have some unique flavoursome teas and coffee from Typhoo Tea, Anandini Himalaya Tea and Jugmug Thela. For something stronger, try the wine at Pernod Ricard's wine lounge and Fratelli Wines while you blow on a cigar from Cingari's collection. You can also find stuff for your kitchen from Masterkitchen. But before you head home to start cooking with your booty, grab a bite, and maybe some inspiration, from the dishes from eight restaurants including Punjab Grill, Zambar, Asia 7 and Fruit Forest.

When: Sunday, 8th December, 2013
Where: The Westin Gurgaon New Delhi
Time: 10am to 7pm, Entry Free



Images from The Farmer's Market held earlier in other cities

10 lucky readers will get a hamper of Karen Anand's homemade masalas and sauces. All you need to do is show up at the Gurgaon Farmers' Market with your copy of the December issue of *GH*. (Gift hampers to be collected from the *Good Housekeeping* stall)

